

# an Adventure in Intimacy *Workshop for Couples*

## SEVEN PRINCIPLES & SEVEN RITUALS

You will discover how:

- **three invisible connectors** become visible and strengthen your bond
- the very **qualities** that attracted you to each other now often drive you mad
- **conflict is a friend** in disguise as well as a launching pad for growth
- daily annoying frustrations are powerful vehicles for **productive change**
- a **user-friendly skill set** can move you from automatic unconscious re-activity to deliberate, productive, conscious action.
- **fun, romance, passion and intimacy** can ignite your relationship
- the **spiritual potential** of your relationship is at the core of being your partner's **best friend and healer**
- **Learn about** The "genius" that resides within your relationships
  - Practical tools for dissolving conflict
  - How to be a healer
  - Teach New depth, sizzle and passion in your connection
  - We intend for you to learn to teach couples to be regaled by each other, and to reveal, deepen, **and strengthen** the next natural and exciting step in your sexual adventure.
  - To teach couples how to grow sexual honesty, bridge the sexual communication gap, develop sexual empathy and expand your **erotic** intelligence.

**Experience Intimacy,  
tenderness, bliss, gusto  
understanding, fervor  
zest, affinity  
warmth, playfulness,  
aliveness, fun  
companionship, joy  
brilliance + delight!**

# What is Hypnosis?

Hypnotic trance is the simple shifting back and forth between the conscious and sub-conscious mind, a natural process that occurs 80% of every day.

